Student Guide
20/21

Föreningen Ekonomerna
Stockholms Universitet
In front of you, you have the ultimate guide to a fun and rewarding student life within Föreningen Ekonomerna. Time flies when you are having fun and so does your time at uni. Use this guide with love and you will never feel anything close to FOMO.

// Sara Yngvesson & Linnéa Paulsson
Chair & Vice-Chair of Marketing Committee SS 20
A warm welcome to Stockholm Business School and Föreningen Ekonomerna!

I hope you are excited for what’s to come. The upcoming years will be filled with lots of fun. In Föreningen Ekonomerna we have several opportunities for everyone with everything from working behind the bar, getting project management experience, networking with companies and meeting your future employer.

But remember, it’s up to you to take advantage of all the opportunities that come your way. One of the best decisions I’ve made during my studies has without a doubt been getting involved in the association. The people I met during the first week of Fadderiet are to this day some of my closest friends, so I really encourage you to participate. Fadderiet is a great way to make friends and get a feeling of what University is like. When Fadderiet comes to an end the association and our 10 committees will be waiting with open arms and endless possibilities to get involved.

I hope you will enjoy the upcoming years and take advantage of the opportunities offered. Once again, a warm welcome to Föreningen Ekonomerna!

Frida Sjöberg
President 20/21, Föreningen Ekonomerna

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THE ASSOCIATION

MINISTRY OF MARSHALS

A selected group of members that has been within the association for a long time, and is chosen to reassure that the traditions among the events that are held are following the guidelines of the association.

THE BOARD

There are a total of nine board members each year and their duty is to secure that the association is ongoing throughout the whole year.

ELECTION COMMITTEE

The election committee’s task is to find suitable candidates for positions such as project leaders for Ekonomernas Dagrar and Fadderiet.

OPERATIONAL MANAGEMENT GROUP

The OMG is the part of the association where active members can get involved in different projects. Each committee has its own chair- and vice chair which control various activities and events within their field.
THE BOARD

Frida Sjöberg, 23
President

What do you study?
Just finished the Global Management program

What is your favourite part of the association?
The variety we have within the association. If you want to practice your project manager skills, expand your network, stand by the bar or simply have a good time, you have all the opportunities in Föreningen Ekonomerna.

Contact information
president@foreningenekonomerna.se

Karin Asp, 23
Vice president and head of education

What do you study?
I am on my last semester of business and administration!

What is your favourite part of the association?
My favorite part is the community and the combination of fun events together with the opportunity of connecting with the business world.

Contact information
Vicepresident@foreningenekonomerna.se

Luisa Dahlstedt, 20
2nd Vice President

What do you study?
International Business and Politics

What is your favourite part of the association?
Meeting all the new people

Contact information
2ndvicepresident@foreningenekonomerna.se
David Olsson, 24
Vice Treasurer

What do you study?
The last year of LL.M. and BBA.

What is your favorite part of the association?
Fadderiet!

Contact information
vicetreasurer@foreningenekonomerna.se

Alice Arabshahi, 22
Treasurer

What do you study?
The business administration program (auditing)

What is your favorite part of the association?
The most fun must definitely be the sitting’s. But in general just the experience of being a part of the association, the connections you make with people, being a part of projects and groups where you develop new or old characteristics

Contact information
treasurer@foreningenekonomerna.se

Juulia Kuusimäki, 21
Head of Corporate Relations

What do you study?
Business administration

What is your favorite part of the association?
Amazing people in it and the great experience association gives

Contact information
corporate@foreningenekonomerna.se

Ada Nuutti, 23
Head of Marketing

What do you study?
Bachelor’s degree in Business Administration and Political Science on my 7th semester

What is your favorite part of the association?
Definitely all the amazing people, and the opportunities Föreningen has to offer

Contact information
marketing@foreningenekonomerna.se
Sahel Faez, 28
Head of International Affairs

What do you study?
MSc in Banking and Finance

What is your favourite part of the association?
To be able to make a positive and meaningful contribution to the educational and extracurricular experience of the students at SBS and our partner universities, provide the platform to nurture a strong network and sense of camaraderie between Swedish and international students through different projects and events, and create new friends and allies while enhancing my team building capabilities and leadership skills.

Contact information
international@foreningenekonomerna.se

Vlada Borets, 21
Head of IT

What do you study
Random freestanding courses.

What is your favourite part of the association?
The wide range of activities and prospects that come with loads of great experiences.

Contact information
it@foreningenekonomerna.se

Jasmina Najem
Chair

Martina Johansen
Vice Chair

THE OMG
We present to you, the different committees of Föreningen Ekonomerna. Find your favorite and get involved!

Marketing Committee
mc@foreningenekonomerna.se

My name is Martina Johansen, I am the vice chair and Jasmina Najem is the chair of the marketing committee.

Our future plans and projects is to continue the social media content group and cooperation with the other committees. If possible we want to have more fun tvår-sittingar but it depends on how the covid-19 situation is this semester. We also would like to develop Föreningen Ekonomernas marketing and brand this year and we are open to ideas for new upcoming projects!

If you want to get involved just like Föreningen Ekonomernas Facebook page or/and join all the committees Facebook groups that interests you.

You can also check out Föreningen Ekonomernas website, Instagram and YouTube or feel free to contact us.

Getting involved is a great way to make friends and connections for the future. If you want to become a buddy, project leader for Ekonomernas Dagar, Marketing Manager for Spring Ball or even Board Member, you should get involved! There is so many different ways to get involved and we promise you won’t regret it.
International Committee
ic@foreningenekonomerna.se

My name is Abdullah Gauhar Malik and I will be serving as the Vice-Chair for the International Committee; fall semester 2020 and Illyas Shekh will be the chair.

Much of IC’s work has been disrupted due to the current unfortunate circumstances. IC is built around the idea of visiting different parts of the globe to understand the dynamics of business but also concepts of internationality and integration.

However, together with IC Chair Illyas, I have got a ton of exciting stuff planned for all members of the committee. This includes but is not limited to trips within Sweden, Virtual and face-to-face meetups, and cultural exchange activities.

Anyone studying at SBS is welcome to join IC. It’s an all-embracing open space based on the principles of inclusivity, internationality, and equality.

IC offers a wide range of projects ranging from London Banking Week to Venture Asia. Members can either get engaged as project group members or simply be passive attendees at all our meetings. We’re also always open to new suggestions and ideas to make the committee the best version of itself. Whoever you are, there’s always a spot for you in our committee.

IT Committee
it@foreningenekonomerna.se

The IT committee’s primary vision is to integrate IT and economics at a larger scale among the members of the association.

Our future plans is to organize IT oriented workshops, active days with attractive companies and gaming nights.

We are currently looking for chairs and project leaders so email us at its@foreningenekonomerna.se If you just want to participate in the events - join our Facebook group and be on the lookout for committee meetings.

Social Committee (PRU)
social@foreningenekonomerna.se

We keep old university traditions alive, party hard and bartend at all of the association’s events.
**Event Committee**
event@foreningenekonomerna.se

Hi, we are Signe and Mikaela, the chair and vice-chair of the event committee!

We are responsible for creating and going through with events, and hopefully inspiring you to take a part of them! Maybe you want to contact us to organize an event with the association by yourselves?

During the fall, we usually organize FEST FEAT, which is when our association takes over a night club in Stockholm, and the Halloween Sittning, which takes place at a fancy restaurant in Stockholm. During the spring we have several other events as well.

Feel free to contact any of us, Signe and Mikaela, to share ideas for events or ask how you can get involved in one of our project groups.

We also usually post in our Facebook group "Event Committee of Föreningen Ekonomerna" if we are looking for specific roles or holding meetings (which of course has free fika). Hope to hear from you guys soon!

**Education Committee**
edc@foreningenekonomerna.se

Our role is to make sure the committee runs smoothly and represent the students in educational matters towards Stockholm Business School (SBS). The education committee is the bridge between the students and the SBS.

The education committee’s goal is to enrich student’s knowledge and increase their advantage through relevant courses and lectures. Our vision is to improve the quality of education in SBS and student knowledge by for instance recruiting course representatives, student representatives, and holding projects. These activities have a big impact on students’ education. Therefore, the education committee is important to maintain in the association.

We want to engage students to start more projects that enrich students’ knowledge and academic skills.

One of the future projects that are going to be held in spring is Speak up week (SUW). SUW gives students opportunities to affect their studies by giving feedback on their education as a whole during a week. Students will then get the chance to fill in a form where there will be questions regarding their education. These results will be preset to the Institutional Board at SBS.

By getting involved in the education committee you will get extra points for exchange studies.
Sports Committee
sports@foreningenekonomerna.se

The purpose of the Sports Committee is providing opportunities for our members to disconnect from the stressful student life by joining us and engaging in various sports activities.

We take most pride in organizing annual Surf and Ski trips, so look out for those highly popular events, they sell out quickly! Otherwise, we look to participate and even organize tournaments in different sports such as football, dodgeball, basketball etc. The magic thing about making things happen in our committee is that anyone can come up with a suggestion and together we’ll find a way to turn it into reality!

The best ways of kicking things off is attending our meeting, joining our events or simply talking to us when you see us! We post all our plans for activities and other relevant information on our Facebook page, Sports Committee of Föreningen Ekonomerna. You can also find us on campus on selected days!

Petar Rogo
Chair

Nikola Zdravkovic
Vice Chair

Business Committee
bc@foreningenekonomerna.se

The Business Committee operates as a link between the members of Föreningen Ekonomerna and the business world. Through projects, events and different roles, the Committee establishes and maintains good relationships with the association’s partners and sponsors, and to the industry as a whole.

The Business Committee has several annual events and projects such as Sustainability Day, Career Day, Career Choice and London Banking Week. We also offer students to become a Corporate Manager for one of the association’s partner companies for one year.

This gives the student great opportunities to network and make important contacts in the business world before graduating. One of our future plans is that we are establishing a new project which, at this very moment, is currently under progress. Stay tuned!

You can get involved in our committee in many ways. For our projects you can either be involved by being part of a project group or even apply to become the project leader yourself! You can also be involved by becoming one of the Corporate Managers and represent Föreningen Ekonomerna towards one of our partner companies. It is also very welcoming if you as a student have an idea about starting a new project or event that you would like to implement. We are open to new ideas!

Markus Vägestam
Chair

Ann - Kristin Zimmermann
Vice Chair
grantthornton.se/karriar

Grant Thornton är Sveriges största revisions- och konsultföretag med fokus på entreprenörer och tillväxtbolag. Vi är 1200 kollegor på 24 kontor som erbjuder tjänster inom revision, ekonomiservice, skatt och rådgivning. Vi har en tillsammanskultur och vi utmanas, utvecklas och växer med våra kunder. Tillsammans stärker vi Sveriges näringsliv och skapar hållbar tillväxt.
Ekonomernas Dagor is Stockholm University’s largest annual career fair. For the 40th time in 2021, we will welcome you to meet your future employers and colleagues and give you a glimpse of what the corporate world has to offer.

Don’t forget to follow Ekonomernas Dagor on social media! @ekonomernasdagar

Yassine Bakkali, 20
What do you study
BSc in International Business and Politics (in English).

What is the best part of being an active member of Föreningen Ekonomerna?
Friendships.

What is your most memorable moment within the association?
Fadderiet, proper Swedish parties and unforgettable experiences.

Do you have any tips for students that want to get involved?
Seek discomfort, go ahead, try and go to the association’s events. The best experiences of our lives happen outside of our comfort zone.

"The best experiences of our lives happen outside of our comfort zone.”

Elli Laukkanen
Project leader

Alex Goubaud
Project leader

Humans of F.E.S.T is an initiative to highlight the active members of the association.
What do you study?
Business and administration

What is the best part of being an active member of Föreningen Ekonomerna?
The best part of being an active member of the association is that you have the opportunity to get involved in a lot of different projects and events. With these projects, you will get in contact with wonderful and inspiring people.

What is your most memorable moment within the association?
The most memorable moment within the association for me would be the bubbly brunch event that my friend and I arranged with the event committee. That was amazing!

Do you have any tips for students that want to get involved?
Two things:
1. Get involved right away, choose a committee or become a buddy.
2. Be creative and believe that your ideas or projects are worth it.

"Be creative and believe that your ideas or projects are worth it."
FESTNINGEN

Festningen is located at Kräftriket (house 1) and is the house that is owned by the association. You are welcome to hang out at Festningen, as long as you are an active member in Föreningen Ekonomerna.

The house is divided in two floors, which both has meeting rooms and general social spaces. You can bring your own lunch to heat in the microwaves, get some uni work done or why not just hang out with the other members of the association?

The house has video games and even its own bar with friendly prices, which is held by PRU. At the top floor, the board has their own meeting room where they have their weekly meetings.

In general, Festningen is a great place to just hang out and meet new people within the association - welcome!

This is the end of this year’s Studentguide, and we hope that you have benefited from all the information that has been given to you. Make sure to make the best time out of your time at uni, because it will pass by quickly. Get involved, seek new contacts and take every opportunity that is given to you - we promise you, you will not regret it!

PS. Don’t forget that VD, VD, VD ska vi bli!